We’re dedicated to offering the best cancer care in the area. In fact, our oncology program has been recognized with commendation by the Commission on Cancer of the American College of Surgeons as offering the very best in cancer care. It is a recognition of the quality of our comprehensive, multidisciplinary patient care. We’re proud to have brought the very best in today’s cancer treatment closer to home.
"An ounce of prevention is worth a pound of cure." When related to the disease of cancer, there is no truer statement. While there is no 100% effective way to prevent cancer, there are many proactive steps you can take.

Prevention can include quitting smoking, maintaining a healthy weight, eating a healthy diet, keeping alcohol consumption to a minimum, educating yourself about the causes of cancer, and following your doctor’s guidance concerning health screenings.

At Mercy, we are committed to helping you prevent cancer through exercise, smoking cessation and screenings, including our yearly discounted screening mammogram event. Our online health library at MercyHealthSystem.org gives you comprehensive information on many types of cancer. I encourage you to visit it. I also encourage you to visit pp. 8-9 to read about this past year’s prevention efforts.

When it comes to treatment and support, we have several new initiatives in the works.

On p. 12, radiation oncologist, Dr. Kevin Kozak, briefly discusses our plans to implement stereotactic radiosurgery (SRS) in the near future. This tremendous advanced technology will be used to treat brain abnormalities. Despite its name, no surgery is involved. Instead, a dose of precisely focused radiation is delivered to a specific area to destroy tumors and lesions. We look forward to adding this high-tech tool to our cancer-fighting technology.

Mercy recently welcomed two new surgeons: David Lynn, MD, FACS, and Michael McGauley, DO. Both are board certified and practice at Mercy Terrace in Janesville. You can view their biographies on MercyHealthSystem.org. We are happy to offer their cancer-related surgical expertise and experience to our patients.

We have long recognized that compassionate support is needed by cancer patients and their loved ones. And so compassionate support is a generously given at Mercy, and in so many ways.

Our latest support initiative is our Caring for Caregivers support group (see p. 19). This free group provides a safe, caring and empathetic setting for the loved ones and caregivers of those with cancer to process how the cancer diagnosis has impacted and affected their lives.

Our oncology volunteer program, based at the Mercy Michael Berry Clinic, provides supportive services to chemotherapy patients, their caregivers, and medical oncology staff. Volunteers offer warm blankets, drinks and snacks. They prepare lunch for patients and stock cabinets for staff. Read more about this award-winning program on p. 15.

Cancer is a common disease but remains a mystery to many of us. That’s why our free Cancer Facts Discussion Group is popular with so many. Our radiation oncologist, Dr. Kevin Kozak, leads the group discussions and presents a variety of topics in easy-to-understand language. To learn more about this empowering group, turn to p. 19.

Finally, as you might already know, Mercy Health System has partnered with Rockford Health System. Together our respective cancer centers look forward to sharing best practices to better serve our patients.

Mercy is always committed to you, and to our community. That’s why we offer the best possible cancer care, including the latest treatments, clinical trials, genetic testing and more. We are here with you, side by side, on your health journey.

Regards,

Javon R. Bea
President/CEO
Mercy Health System
I am pleased to share our 2015 Cancer Committee Annual Report. Mercy Health System continues to provide quality cancer care through a collaborative approach. As our program grows, we strive to improve and enhance our cancer services. We continue to expand our clinical trial program by offering more types of cancer clinical trials.

The Mercy Cancer Committee is comprised of members from every discipline who are dedicated to work together to provide quality cancer care. The committee meets regularly throughout the year to monitor the program and to set goals to improve care. We strive to meet and exceed standards put in place by the American College of Surgeons Commission on Cancer (CoC). We have adopted CoC tools that provide feedback on quality of care indicators and use these to continuously benchmark and improve the quality of patient care at Mercy Health System.

In September 2014, the CoC reviewed our program and awarded Mercy a three-year accreditation as a designated Comprehensive Community Cancer Program. We received the highest rating (with commendation) on six standards, and were compliant on all 27 standards that were measured during the survey. For patients and families, CoC accreditation is an important measure of quality care.

In July 2015, we expanded our electronic medical record system to incorporate an oncology-specific computer program for chemotherapy ordering and administration to improve patient care in medical oncology. This required input and dedication of many to build and validate hundreds of oncology protocols. This will improve communication across our system and allow any provider involved in a patient’s care to be able to view their chemotherapy record.

Routine multidisciplinary cancer care conferences are an integral component of our program and provide opportunities for collaboration among specialties. We have a general tumor conference that meets twice a month and an additional site-specific breast cancer conference that meets monthly to review and discuss specific cases. A monthly morbidity and mortality conference provides an additional educational opportunity for all cancer providers.

Our oncology nurse navigator and our breast care navigators are available to provide personalized care for all new patients and to help facilitate communication within the multidisciplinary team. Additionally, we are regularly using a screening tool for psychosocial distress in all patients new to the Mercy Regional Cancer Center. Survivorship care plans are provided at the completion of adjuvant therapy for patients with breast, colon, prostate and lung cancer, with plans to expand that to all disease sites in the future.

All of these efforts are a testament to our commitment to offer the best services possible to the people in our community. I applaud all the physicians, nurses and support staff. They continually go above and beyond to care for our patients, and I appreciate their dedication to our program. In all our activities and through a multidisciplinary approach, we strive to give our patients the best possible care, from prevention to the diagnosis and treatment of cancer.
Since 1990, the Center has helped thousands of cancer patients and their families meet the challenges of cancer head on. Our comprehensive cancer care program offers the full range of resources necessary to detect and treat cancer, and help our patients not only recover, but thrive. Our entire staff—with our combined knowledge and expertise—understands what each patient is experiencing. We know that our patients require not only state-of-the-art technology to heal, but also the human touch. It is this spirit of compassion and kindness that makes our Center stand out. How do we know? Our patients tell us, every day.

Your Mercy Regional Cancer Center team

American Cancer Society ..............................................(800) 227-2345
American Cancer Society Navigator .........................(608) 266-6025
Mercy Cancer Registry ..................................................(608) 756-6139
Mercy Hospice Care ..........................................................(608) 754-2201
Mercy Hospital and Trauma Center .....................(608) 756-6000/(800) 756-4147
Administrative director, oncology .......................(608) 756-6871
Breast health navigator .....................................................(608) 756-6011
Clinical trials data manager ............................................(608) 756-6871
Dietitian/nutritionist .........................................................(608) 756-6151
Financial counselor .............................................................(608) 756-6500
Genetic counseling .............................................................(608) 756-6871
Hematology/medical oncology .............................(608) 756-6871/(800) 928-1103
Inpatient special care unit (SCU) .........................(608) 756-6877
Manager, oncology ..............................................................(608) 756-6871
Outpatient transfusion/infusion (Treatment Coordination Center) ... (608) 756-6601
Pastoral care.................................................................(608) 754-2201
Radiation oncology ............................................................(608) 756-6500/(800) 261-6565
Social worker, oncology ..................................................(608) 756-6871
Surgical oncology ...............................................................(608) 756-7277
Urology ...............................................................................(608) 741-6990
Mercy Pain Center .............................................................(608) 756-6049
Susan G. Komen for the Cure® ...................................(608) 836-1083

2015 Cancer Committee Members

**Physician members**
- Gregory Denison, MD Radiology
- Thomas Haas, DO Pathology
- Francis Kaveggia, MD Urology
- Mohammed Khan, MD Medical Oncology/Hematology
- Kevin Kozak, MD Radiation Oncology
- Emily Robinson, MD Medical Oncology/Hematology
- Shahid Shekhani, MD Medical Oncology/Hematology

**Non-physician members**
- Linda Brethauer, APNP, AOCN Medical Oncology/Hematology
- Jan Botts, RN Director, Quality Management
- Amy Carey Medical Oncology
- Rhonda Graf Marketing/PR
- Cindy Gunn, RN, BSN, OCN Clinical Research Navigator
- Tani Hein Marketing/PR
- Don Janczak, Pharm D Pharmacy
- Amanda Johnson, PA-C Medical Oncology
- Janice Johnson, RN Clinical Research
- Amy Lambert Oncology Case Manager
- Nancy Leafblad Pastoral Care
- Sandra Mascari-Devitt, CSW, CBPN-IC Breast Navigator
- Tricia Obrecht, CTR Cancer Registry
- Sue Ripsch Sr. Vice President
- Martha Roberts Cancer Registry
- Maggie Schultz, RN Director, Oncology Services
- Bohdan Wasiljew, MD General Surgery (Retired)
The Cancer Registry of the Mercy Cancer Program provides data management services to comply with mandatory state cancer reporting regulations, as well as the data needs of clinicians, administrators and other qualified users. In addition, the registry also provides data to national-level cancer surveillance organizations for incidence measurement and epidemiological studies.

Since its inception in 1994, the registry has collected data on more than 12,400 cancer patients, with more than 580 new cases entered for the calendar year 2014, the last complete year of data collection.

**What is a cancer registry?**
This computerized system is designed for the collection, management and analysis of cancer data. Interpretation of cancer data is essential for optimal patient care, evaluation, cancer program planning and management, administrative planning and education.

**Lifetime patient follow-up**
One of the cancer registry's primary responsibilities is to provide lifetime follow-up on all patients diagnosed or treated at Mercy Health System. Our patients or their primary physicians are contacted at least annually and asked for follow-up information regarding their health status. This helps us assess the patient’s treatment and assess the need for future cancer programs.

**Research**
Data collected and maintained in our cancer registry serves as a valuable resource for physicians interested in the cause, diagnosis and treatment of cancer. The patient's identity is kept strictly confidential.

**Education**
Cancer registry data (including patterns of care and length of survival) is used to further the education of physicians, nurses and other health care providers.

**National database**
Our connection to a large national database enables us to compare Mercy’s cancer registry statistics with national statistics.

**How this benefits patients**
Our cancer registry helps your doctor and health care team provide the most comprehensive, up-to-date treatments available. The registry extracts information regarding your diagnosis and treatment from your medical record and enters it into a computerized data bank. Your doctor can then request data to assess the benefits of your treatment program and to assimilate data from other medical facilities.

**Please stay in touch**
It is important that we are able to maintain contact with our past cancer patients. Patients who move or change phone numbers are asked to call the Mercy Cancer Registry at (608) 756-6500.
Hospitalists ensure exceptional inpatient cancer care

Doctors who devote most of their practice to providing care to hospitalized patients are called hospitalists. They are experts in treating very sick patients requiring comprehensive inpatient care and are available to patients around the clock each and every day.

Mercy’s cancer team works closely and collaboratively with hospitalists at Mercy Hospital and Trauma Center, offering the best possible care for our patients. In many cases, Mercy hospitalists take responsibility for the care of our cancer patients during their hospital stay.

When a patient requires hospitalization, the oncologist contacts the hospitalist team to make arrangements. After discussing the patient’s history and treatment details, they work together to formulate the patient’s inpatient treatment plan.

During the patient’s hospitalization, Mercy hospitalists offer evaluation and treatment, and frequently consult with the patient’s oncologist. While the patient’s oncologist stays involved during the entire hospital stay, most of the patient’s ‘round-the-clock care is provided by hospitalists.

The patient’s complete electronic medical record is accessible to all collaborating doctors at all times; this ensures timely and accurate communication between doctors and nurses, and the best possible treatment for the patient.

Once the patient is discharged from the hospital, he is scheduled for follow-up care with his primary care doctor and oncologist.

Keith A. Konkol, MD
Director,
Mercy Hospitalist
Mercy Health System

Advance care planning
The time to start is now

If you ended up on life support in the intensive care unit, would your loved ones or doctors know what kind of health care you wanted? If you had advance directives in place, they would.

An advance directive is a legal document that spells out your health care treatment goals and preferences in case you become incapacitated and are unable to speak for yourself or make your own decisions. It’s your chance to ensure sure your health care preferences are honored.

In Wisconsin, you can complete a Power of Attorney for Health Care or a Wisconsin Living Will (Declaration to Physicians). In Illinois, you can complete an Illinois Statutory Short Form Power of Attorney for Health Care or a Living Will Declaration Form.

Completing your advance directives is one important part of advance care planning that includes:
• Choosing and completing an advance directive document.
• Choosing a health care agent (the person who will make health care decisions for you when you can’t make them for yourself).
• Discussing your plans with family and/or loved ones.

Planning is best initiated with a trusted health care provider or someone skilled and trained to facilitate a conversation that allows for questions, reflection and comprehension. All adults aged 18 and up should consider advance care planning and complete advance directive documents.

When you complete your advance care planning and share details with your family and doctors, it relieves any guesswork on their part. You take the burden off your loved ones, and help them feel prepared. That kind of peace of mind is a priceless gift you can give them now.

How to get started
Schedule an appointment for a free basic health care planning talk with Mercy Health System’s certified advance care planning facilitators: They will help you:
• Understand your future health care options
• Decide what “quality of life” means to you
• Decide how to choose a health care agent
• Read through and complete advance directive documents
• Know who to give document copies to
• How to talk to your loved ones about your wishes
• And much more

To make an appointment with a facilitator, call (608) 756-8248.
Breast cancer awareness: 2014
Mercy increased its year-round efforts to educate the community and health care providers about breast cancer screening recommendations, especially in the elderly (age 65 and over). Mercy did this through increased marketing, speakers, screenings and community events.

- Sandra Mascari-Devitt, breast health navigator at Mercy Health System, took part in at least one event each month in 2014 to raise awareness about breast cancer. With her goal to raise awareness about mammogram guidelines, she took her educational displays and materials to many area events such as Freedom Fest, the Rock County 4-H Fair, women’s talks at churches, health fairs at areas businesses, and more. Sandra reached just over 1,000 women through these events. Many women scheduled mammograms after talking to Sandy.

- Mercy Foundation funded 11 scholarships for free screening mammograms for women not covered by insurance. In addition, Mercy offered discounted screening mammograms on two Saturdays in October, which is breast cancer awareness month. Results were so rewarding that Mercy will offer screening mammograms on an extra two Saturdays in October 2015.

- A flyer to remind people about mammograms was posted in all Mercy patient exam rooms for three months. This raised awareness about breast cancer and the Mercy Regional Breast Center.

Colon cancer awareness: 2014
Mercy used a variety of mediums to get the word out about colon cancer and stress the importance of colonoscopies to our target audience. This campaign included increased marketing to patients, physician education, screening kits, and social media.

- Mercy started with targeted mailings. One mailing was sent to Rock County residents as a reminder about colonoscopies. Residents had the option to request an at-home colon cancer screening kit. Thirty kits (more than in 2013) were requested and returned; no positive findings were reported. Mercy found this was an effective way to educate individuals about colonoscopies. It also gave people a convenient screening option that didn’t include visiting a doctor.

- Dr. Rodrigo Castillo, a Mercy board certified gastroenterologist, did a radio show on colon cancer.

- Blogs were posted on our Mercy website and social media pages to raise awareness.

- A colonoscopy reminder flier was posted in all Mercy patient rooms for three months. This raised awareness about colon cancer and the Mercy Regional Cancer Center.

Mercy continues to pursue innovative and effective ways to promote cancer awareness and the importance screenings that can lead to early diagnosis and higher survival rates.

Pathology’s important role in cancer care

With the rising rates of many different types of cancers being diagnosed each year, early detection has become a primary tool for the diagnosis, treatment and management of cancer. At the forefront of early detection are the pathologist and the laboratory.

Imagine you are getting your annual checkup, and your doctor finds a small mass. You’re referred to a specialist for a biopsy. The biopsy sample is delivered to the laboratory, where it is prepared and analyzed to determine the presence or absence of disease.

Information from the laboratory is used to make approximately 70% of the choices in patient care. Pathologists are physicians who are specifically trained in the use and interpretation of laboratory tests, as well as in tissue examination, both under the microscope and by other methods. They deal with the nature, causes, and classification of cancers and other diseases, and provide the information necessary for effective cancer treatment. A cancer diagnosis is made and confirmed by the pathologist, using a number of testing methods.

Mercy’s pathology and laboratory department consists of a group of experienced, well-trained and highly qualified pathologists and laboratorians, who work to ensure that all patients are cared for correctly, based on accurate laboratory testing results.
The benefits of exercise

Exercise and its impact on cancer prognosis
- Growing evidence suggests physical activity can reduce cancer mortality.
- Research shows that those with breast and prostate cancer can reduce their mortality risk by 30-40% by engaging in recommended amounts of exercise.
- Emerging evidence suggests exercise can reduce risk of reoccurrence in breast and bowel cancer.

Exercise should be part of cancer treatment
- The American College of Sports Medicine recommends exercise is safe during and after most types of cancer treatment and says survivors should avoid inactivity.
- The Department of Health’s guideline of 150 minutes of moderate-intensity physical activity per week is appropriate for otherwise-healthy cancer survivors, built up gradually.

Exercise helps cancer survivors:
- Reduce feelings of fatigue
- Manage stress, anxiety, depression
- Improve bone health
- Improve heart health
- Improve muscular strength and endurance
- Help manage body weight
- Improve sleep
- Better control appetite
- Prevent or control constipation
- Relieve pain and improve range of motion

Mercy offers two programs that can help cancer survivors get on the right track with exercise:
- Journey to Health (J2H)
- Healthy Image Weight Management Program (HIP)

Both of these programs customize exercise plans to the specific needs and goals of the patient. The Healthy Image Weight Management program ties in dietary and behavior change tools in addition to the exercise guidance to help patients lose weight and successfully keep it off.

New participants during 2015:

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Mercy Health System continues to demonstrate a strong commitment to the use of clinical trials in providing cancer care. Our clinical trial program has continued to grow since its start in 1997. We have had a variety of clinical trials available here for the treatment of many different types of cancer. We offer supportive care trials, symptom management trials, and treatment trials. We provide the latest treatments in a coordinated care approach to ensure the best possible patient experience and to provide patients access to advances in cancer care close to home.

In September 2015, our program underwent a routine three-year audit through the ECOG-ACRIN Audit and Quality Assurance Committee and no deficiencies were identified.

When patients with a newly diagnosed cancer are seen in Mercy's medical oncology or radiation oncology clinic, they are evaluated for participation in clinical trials. Mercy's medical oncology physicians are members of the ECOG-ACRIN Cancer Research Group (Eastern Cooperative Oncology Group and American College of Radiology Imaging Network) and the Wisconsin Oncology Network (WON). Our radiation oncologist is a member of the Radiation Therapy Oncology Group (RTOG). Through these organizations, and with the collaboration of the National Cancer Institute's National Clinical Trials Network, the Clinical Trials Support Unit (CTSU), and the independent Centralized Review Board (CIRB), we have access to a large number of clinical trials, and are able to make them available more efficiently to better serve our patients.

The clinical trial program works closely with Mercy's own Institutional Review Board (IRB) to make sure the needs of patients who are participating in clinical trials are being met. The IRB includes physicians, community representatives and clergy. The IRB oversees the clinical trial program to protect the rights of research participants and to ensure the safety of those patients participating on trials.

Clinical trials offer an opportunity for patients treated at the Mercy Regional Cancer Center to contribute to the improvement of cancer treatment and to benefit from advances in cancer care. One advantage of participation is the extra attention patients receive before, during and after their treatment on a clinical trial.

Through our community-based program, Mercy Regional Cancer Center patients can receive the newest treatments close to home, without having to travel to a larger city. We also help interested patients navigate their way to a referral center for trials that might not be available here.

If you'd like more information about clinical trials, please call the Mercy Regional Cancer Center at (608) 756-6871 or toll-free (800) 928-1103.
Mercy Health System's hematology/medical oncology clinic specializes in providing care to our patients with hematology (blood-related) and cancer diagnoses. Our experienced care team includes medical oncologists, a nurse practitioner, a physician's assistant, registered nurses (RNs), medical assistants, case managers, a dedicated oncology dietitian, patient financial counselors and numerous support staff including a medical records clerk and several receptionists.

This extensive team works together with the guiding principal of providing seamless, compassionate care to the patients needing our services. Conveniently located on the second floor of the Sister Michael Berry Building on the Mercy Campus in Janesville, the clinic also offers satellite services at Mercy Walworth Hospital and Medical Center in Lake Geneva, Wisconsin.

Individualized chemotherapy treatments are provided by specially trained RNs under the supervision of our medical oncologists. Many of our RNs have advanced certifications through the Oncology Nursing Certification Corporation (ONCC). This certification recognizes their experience and expertise in providing care for patients who experience the complex problems associated with a cancer diagnosis.

Treatment plans are individually structured based on factors such as the patient's type and stage of cancer, the patient's response to treatment, and National Comprehensive Cancer Network (NCCN) guidelines that are based on nationally recognized protocols. Of course, new and cutting-edge treatments are always considered for patients meeting the strict criteria of research studies and national clinical trials. These treatments are set up through the Eastern Cooperative Oncology Group of the National Cancer Institute, as well as the Wisconsin Oncology Network. Clinical trial treatments are monitored on-site by our research nursing staff under the direct supervision of our medical oncologists. More information about clinical trials can be found on page 10.

Additional supportive care provided by our nursing staff includes lab draws, injections, dressing changes, port flushes and immunizations. These services are all given through our new Fast Track program. This program was designed with an eye on improving patient flow and access to care. It ultimately reduces wait times for our patients and has led to improved patient satisfaction.

Recently, the clinic added a dedicated oncology dietitian who specializes in educating and counseling our patients on the importance of nutrition. Our dietitian directs general informational meetings for all patients and also conducts one-on-one counseling with patients seeking further guidance.

Additionally, Mercy Options Behavioral Health Services counselors are available to help patients and their family members with their mental health and emotional needs. This important service can be arranged through our department.

Finally, in 2014, we introduced our new oncology nurse navigator program. Our nurse navigator acts as a single point of contact for our patients. The nurse navigator acts as a liaison between the patient and all members of the multidisciplinary care team, including the patient's primary care physician, radiation oncologists and/or surgical oncologists, and any support services that may be required or requested. The navigator functions, as all of our team members do, to ensure continuity of care and a collaborative approach to care for our patients.

608.756.6871  800.928.1103
We are excited to offer the highest possible quality radiation therapy to residents of Janesville and surrounding communities. Treatment options available at the Mercy Regional Cancer Center include external beam radiation therapy, intensity-modulated radiation therapy (IMRT), image-guided radiation therapy (IGRT), and stereotactic body radiotherapy (SBRT).

We are committed to always raising the bar. In fact, the Mercy Regional Cancer Center’s radiation oncology department had some exciting changes in 2015.

Several new developments focus on efforts to bring stereotactic radiosurgery to Janesville. We have acquired and commissioned the BRAINLAB iPLAN radiation planning system and the VisionRT patient tracking system. Coupled with the exceptional imaging capabilities of our Siemens® linear accelerators, these devices ensure the highest possible accuracy in radiation delivery. These developments provide the foundation for our efforts to bring stereotactic radiosurgery to the Mercy Regional Cancer Center—a development expected in 2016.

One of the most significant assets of the radiation oncology department is the staff. Our team members come from a wide variety of health care settings and bring diverse experiences and expertise to the department. Our team consists of a radiation oncologist, a medical physicist, dosimetrists, radiation therapists, plus a registered nurse, case manager and patient financial counselor. Support services are provided by our friendly receptionist and cancer registry staff.

Our radiation oncologist, Dr. Kevin Kozak, joined the department in 2013. Dr. Kozak completed medical training and a PhD in biochemistry at Vanderbilt University, where he finished first in his class. He then went on to receive his radiation oncology training at the Harvard Radiation Oncology Program.

Dr. Kozak served as a cancer researcher and academic clinician prior to joining Mercy and has more than 70 peer-reviewed articles, book chapters and patents to his credit. He has been recognized as a “Face of Komen” by the Susan G. Komen Race for the Cure Foundation and as a “Top Doctor” by Madison Magazine.

The radiation oncology staff is deeply committed to both community outreach and continuous quality improvement. Along those lines, the department has initiated a monthly Morbidity and Mortality conference to review side effects of cancer treatment and develop system-wide strategies to minimize these effects. More ambitiously, the department has embarked on the process to receive the American College of Radiology Radiation Oncology Practice accreditation. Finally, the department offers a Cancer Facts community discussion group where cancer topics of interest to community members are reviewed in an informal setting (see p. 19 for more information).

During the course of radiation treatment, our patients visit every day, Monday through Friday, for five to seven weeks. Our staff takes pride in putting patients first and providing the highest quality care available. Our patients have very positive feelings about the care they receive and the relationships they form:

“From the very first set-up session, I felt the team was dedicated to doing their part in making me cancer-free. I looked forward to each radiation session as one more day of assurance that the cancer wouldn’t come back.”

“I will always be thankful for your dedication and compassion, and will miss seeing all of you.”

“I will never forget your kindness and caring ways.”

The Mercy Regional Cancer Center has always been dedicated to providing the finest quality care and the best equipment and services to the patients, families and communities it serves. This is evident in the center’s continued updates in equipment and the staff’s continued education.

Mercy Regional Cancer Center’s radiation oncology department is located in the Regional Cancer Building on the Mercy Janesville Campus, adjacent to Mercy Hospital and Trauma Center and the Sister Michael Berry Building.

608.756.6500  800.261.6565
Genetic information and testing is a part of cancer care. Individuals who are diagnosed with breast, ovarian, colon and/or other specific cancers at a young age, or have a strong family history of those cancers, are recommended to receive personalized information and counseling for hereditary cancer syndromes.

Some families have a gene mutation that can be passed from parent to child, causing an increased risk for particular cancers. Mercy Health System provides counseling and assistance with testing for hereditary breast/ovarian cancer syndrome and hereditary colorectal cancer.

Most individuals tested will not have the gene mutation. In fact, less than 10% of those tested are found to have the gene mutation that increases their risk of cancer. Patients who have the gene mutation are offered treatment options that significantly decrease their risk of developing cancer.

Family members may also be tested. If there is a gene mutation in the family, each person has a 50% chance of inheriting it. Genetic testing is recommended when certain risk factors or “red flags” are present. These include:

- Being diagnosed with breast, colon, intestinal or uterine cancer before the age of 50, or ovarian cancer at any age
- Strong family history of a combination of certain cancers

Genetic testing can be a valuable tool for decreasing the risk of cancer in families with these gene mutations, and for decreasing anxiety in individuals without the gene mutation.

If you or your family has any of the red flag risk factors for having hereditary colon cancer syndrome, or hereditary breast/ovarian cancer syndrome, talk to your doctor about your concern.
What is a cancer registrar? The answer is unfamiliar among the general public as well as health care workers.

Cancer registrars are health care professionals who collect, analyze, and report cancer data. Details on diagnosis, treatment, and survivorship are collected for every cancer patient in the U.S. Registrars work at hospitals, medical facilities, and central registries. The information they collect is reported, by law, to state and federal governments, including the Centers for Disease Control and Prevention (CDC) and the National Cancer Institute. In addition, since Mercy Health System is a Commission on Cancer (CoC) accredited cancer program, our role goes beyond data collection.

There are currently more than 1,500 CoC-accredited cancer programs in the United States and Puerto Rico, representing 30% of all hospitals that provide care to more than 70% of newly diagnosed cancer patients annually.

Being a CoC-accredited cancer program demonstrates a facility’s ongoing commitment to providing high-quality, multidisciplinary cancer care.

Five elements are key to the success of a CoC-accredited cancer program:

- **Clinical services** — Provide state-of-the-art pretreatment evaluation, staging, treatment and clinical follow-up for cancer patients seen at the facility for primary, secondary, tertiary, or end-of-life care.

- **Cancer committee/leadership body** — Leads the program through setting goals, monitoring activity and evaluating patient outcomes and improving care.

- **Cancer conferences** — A forum for patient consultation, and contribute to physician education.

- **Quality improvement program** — The mechanism for evaluating and improving patient outcomes.

- **Cancer registry/database** — The basis for monitoring quality of care.

The cancer registry is an essential component to maintaining these standards to ensure a high level of quality care to cancer patients. Mercy Health System has two registrars on staff who, behind the scenes, actively...
participate and facilitate many aspects of the cancer program.

Tricia Obrecht, CTR, joined Mercy Health System in 1997 in anticipation of the cancer program applying for CoC accreditation in 1998. Tricia serves as the cancer registry coordinator and is not only responsible for data collection of all newly diagnosed cancer patients, but actively serves on the cancer committee as the link between the CoC and Mercy.

Due to significant program growth, Martha Roberts joined the cancer registry team in 2001 to support Tricia in many aspects of the registry. Her role includes coordinating and planning the various educational and patient-centered conferences, numerous registry-related responsibilities, and actively serving on cancer committee, as well as essential subcommittees.

Martha and Tricia make a seamless team and complement and balance each other in their roles as registrars and involvement in the cancer program. They both agree that cancer registry careers are rewarding and challenging. The cancer registry is an ever-changing field that requires willingness to adapt. Attention to detail is crucial to ensure quality data. Without quality data, it is not meaningful data.

Martha and Tricia are thankful to contribute to not only the data and research to benefit Mercy's cancer patients, but also the program development that affects patient outcomes and quality of care.

Cancer registry is more than a profession, it is a passion. Martha and Tricia feel fortunate to contribute to the efforts of the medical teams here at Mercy, as well as globally, that change the lives of today's cancer patients as well as those who will face cancer in the future.

The Mercy Health System Association of Volunteers received Wisconsin Hospital Association's Wisconsin Award for Volunteer Excellence (WAVE) in the in-service category for its oncology volunteer program.

WAVE was established by Partners of WHA, Inc., a nonprofit volunteer service organization affiliated with the Wisconsin Hospital Association (WHA), to recognize outstanding contributions of organized volunteer programs.

Our oncology volunteer program is a patient-founded program that provides supportive services to chemotherapy patients, their caregivers, and medical oncology staff. For more information about this program, call (608) 756-6739.
Patients whose cancer treatment regimen requires surgery look to the Mercy Regional Cancer Center’s surgical oncology department, staffed by board certified surgeons and support professionals with years of experience. Our surgeons’ offices are located at the Terrace Building, just across the parking lot from Mercy Hospital and Trauma Center, where the surgical procedures are performed. The surgical oncology department employs:

Technologically advanced procedures, including minimally invasive techniques that use a small scope. The small incision needed for the scope to enter the body offers the advantages of faster in-hospital recovery, faster healing, less pain and minimum risks as compared to traditional surgical techniques. Screening, surveillance and diagnostic upper and lower gastrointestinal fiber optic endoscopy is also provided by the department.

A wide variety of cancer-related surgeries for all stages of cancer treatment. These include removing cancers completely in the majority of patients to permanently cure them; removing cancer that has spread (metastasized) beyond the original tumor; removing the majority of malignant tissue (called debulking) in preparation for chemotherapy; and reconstructive surgeries that help patients look and feel their best, leading to emotional healing.

Continuous multidisciplinary review of individual cases, through pathways such as the Tumor Board and the Mercy Cancer Registry. In this way, Mercy’s surgical oncologists review and implement quality controls, provide and receive ongoing physician education, and evaluate existing technology to guarantee our patients receive quality care that’s held to the highest standards.

608.756.6869

Patricia Garner, MD
Da Vinci robotic surgery, general surgery

Robb Whinney, DO, FACOS
Trauma surgery, da Vinci robotic surgery, acute care surgery, general surgery

David C. Lynn, MD, FACS
Da Vinci robotic surgery, general surgery

Michael J. McGauley, DO
Da Vinci robotic surgery, general surgery
Dr. Kozak understands where I’m at and what I need to feel comfortable going forward.

Jerry Sergent’s battle with cancer began in 2009, when he went to the hospital with chest pains. A CT scan and biopsy revealed cancer—aggressive soft tissue sarcoma. Over the next several years, Jerry went through many rounds of radiation and chemotherapy. In 2013, the disease and treatment side effects forced him to quit his job. But while his battle with cancer continued, Jerry still had one job he wasn’t willing to give up: being a father.

Throughout his treatment, Jerry stayed active in the lives of his two sons, Mason and Tanner. He even went so far as to schedule his treatments around the games and seasons of his kids’ sports teams. All these efforts made an impression on Jerry’s doctor, Kevin Kozak, MD. Dr. Kozak, Mercy’s radiation oncologist, had seen how much Jerry enjoyed spending time with his sons and immediately thought about the Jack and Jill Foundation, an organization helping cancer patients and their children make lasting memories together.

“I learned about the Jack and Jill Foundation through another sarcoma patient and I fell in love with the organization,” Dr. Kozak says. “They have incredible attention to detail and empathy and compassion for patients in a really difficult spot.”

With the help of Mercy oncology case manager, Amy Lambert, an application was submitted to the Jack and Jill Foundation on Jerry’s behalf and was soon approved. In March 2015, Jerry and his sons took a vacation to Aspen, CO, sponsored by the organization.

“It was like heaven,” said Jerry’s son, Tanner.

After the vacation ended, Jerry and his sons returned to normal life. Jerry continues to see Dr. Kozak for treatment. “Regionally, he is one of the best sarcoma radiation oncologists I’m going to find,” he says. “I trust what he has to say. He understands where I’m at and what I need to feel comfortable going forward.”

Since the Sergent’s trip, the Jack and Jill Foundation has worked alongside Mercy Regional Cancer Center and approved several more applications. “It gives them a chance to have memory opportunities,” says Amy Lambert. “They can break away from the cancer world. The whole time they’re there, it’s all about them.”
Mercy Health System has the honor and opportunity to offer and provide clinical trials to the community. Clinical trials are designed to facilitate new ways to treat cancer, find and diagnose cancer, prevent cancer, and manage symptoms of cancer or side effects related to the treatment. Medications that are not yet approved by the Food and Drug Administration (FDA) may be part of the clinical trial. We are fortunate to offer cancer clinical trials to our patients at Mercy, and have had the privilege of providing clinical trials to the community for 20 years.

The oncology research team at Mercy Health System consists of two research coordinators. Jan Johnson, RN, BSN, OCN, CCRP, has been an oncology nurse for 25 years, of which seven have been dedicated to research at Mercy. Kelly Simmons, BA, has been involved in cancer research for the past eight years and joined the research team at the end of 2014.

Both Jan and Kelly have a lot of experience, but more importantly they are here to work with the cancer team to provide options to patients through clinical trials. Their responsibility is to review various trials for possible eligibility for patients at the oncology clinic. Not only do they look at Mercy’s open trials, but also those at other institutions and through the National Cancer Institute’s Clinical Trial Support Unit, a national listing of oncology cooperative groups that offer cancer clinical trials.

Approved cancer treatments used today were previously part of a clinical trial. Once a patient has been educated and has consented to participate in a trial, he receives high-quality cancer care and close observation by Jan and Kelly. They observe and gather information about how the patient is doing on the treatment and provide that documentation to the trial’s sponsor.

Another member of our research team is Rhonda Graf who has been at Mercy for three years. As our compliance coordinator, she ensures that Mercy’s clinical trials run smoothly, and is in charge of opening and maintaining our trials. Rhonda provides the necessary documentation—including mandatory training/education and staff credentialing—to various regulatory organizations, including the National Institute of Health, the Food and Drug Administration, and the National Cancer Institute. Through all her tasks, Rhonda ensures that patient safety is always on the forefront.

Jan, Kelly and Rhonda have the patients’ best interest at heart. They have a passion for clinical trials and are grateful to those who participate and make a difference in the treatment of cancer.

For additional information about cancer clinical trials, visit the Resources tab at Cancer.MercyHealthSystem.org or call (608) 756-6871 to talk to a Mercy research coordinator.
Mercy cancer groups

Do you or someone you know have cancer? Perhaps you are a caregiver for someone with cancer? These groups are offered for you and your friend or family member.

Breast Cancer Support Group
Mercy Clinic North community room
3400 Deerfield Dr., Janesville
Second Thursday of each month, 6:30-8 pm
For information: (608) 756-6011

Caring for Caregivers Support Group
Mercy Clinic North community room
3400 Deerfield Dr., Janesville
First Thursday of each month, 6-7 pm
For information: (608) 756-6500

Mercy Cancer Facts Discussion Group
Mercy Clinic North community room
3400 Deerfield Dr., Janesville
Second Wednesday of every other month, 6-8 pm
For information: (608) 756-6100 • (888) 39-MERCY

Mercy Cancer Support Group
Mercy Michael Berry Clinic
1000 Mineral Point Ave., Janesville
Every Wednesday, 10-11 am
For information: (608) 756-6824

Mercy Regional Breast Center

When breast cancer is found early, the five-year survival rate is an amazing 96%. Because prevention and early detection are so important, Mercy Health System offers state-of-the-art diagnostics and leading-edge treatment for breast cancer.

Prevention and early detection
• Clinical breast exams
• Self-breast exam teaching
• Digital screening mammograms
• Breast cancer genetic testing and counseling
• Resource library with educational breast health literature

Diagnostic and treatment services
• Digital diagnostic mammograms
• Breast ultrasound
• Breast MRI
• Cyst aspirations
• Needle localizations
• Stereotactic breast biopsy
• Pathology, cytology and histology of breast tissue
• Lymphedema treatment program
• Cancer clinical trials

Support services
• Assessment and referral for individual or family counseling
• Social work services
• Nutritional counseling
• Cancer Resource Center
• Journey to Health exercise program
• Mercy Women’s Boutique (breast forms, bras, swimwear and more, see p. 24)
• Cancer support groups
• Lymphedema treatment program
• Financial counseling
• Wigs for Patients program

Referral services
• Hormone therapy
• Chemotherapy
• Radiation therapy
• Lumpectomy and mastectomy surgery
• Breast reconstruction
• Breast prosthesis and other special needs

For more information, call (608) 741-6999 or visit MercyHealthSystem.org.
Since January 5, 2009, Mercy Hospital and Trauma Center has had an active in-hospital palliative care consultative service.

The World Health Organization has succinctly stated that, “Palliative care affirms life and regards dying as a normal process, neither hastens nor postpones death, provides relief from pain and other distressing symptoms, integrates the psychological and the spiritual aspects of care, offers a support system to help patients live as actively as possible until death, offers a support system to help the family cope during the patient’s illness and in their own bereavement.”

In light of that definition, the Mercy Palliative Care Program strives to offer a high-quality service for patients, and their families, with serious or life-limiting illness who are seeking life-prolonging or curative care, or are nearing the last stages of life.

The Mercy Palliative Care Program accomplishes these goals by using an interdisciplinary team approach. This team includes the patient’s primary care physicians, medical and nursing specialists in palliative care, plus direct care nurses, clergy and discharge planners.

Mercy’s hospital-based palliative care team includes geriatrician Kelly Fehrenbacher, MD; and medical oncologist, Shahid Shekhani, MD. Dr. Fehrenbacher and Dr. Shekhani are both certified in hospice and palliative medicine by the American Board of Internal Medicine. In addition, Dr. Fehrenbacher established the Mercy Outpatient Palliative Care Clinic at the Mercy Mall Clinic in Janesville.

By using Mercy’s interdisciplinary team, our patients and their families have the opportunity to discuss and plan the complicated goals of care, code status, transition to hospice, symptom management and their care at the end of life.

Many studies have shown that effective palliative care can manage fatigue, anxiety, breathlessness, nausea, depression, constipation and other distressful symptoms. A recent study demonstrated patients with advanced lung cancer actually lived longer when they were involved with early palliative care intervention in their diagnosis when compared to those patients who were not offered palliative care until later.

Palliative care can benefit patients with cancer, congestive heart failure, emphysema, AIDS and other serious illnesses.

The Mercy Palliative Care Program strives to coordinate complicated medical decisions through communication and excellent medical care to provide the highest quality of life possible for our patients with serious and life-limiting illnesses.

And after leaving the hospital, our patients can continue palliative care by using the at-home palliative care services offered by Mercy Home Health Care's Journey Program. See p. 22 for more information.
We’re here when you need us most

Comfort, compassion and support. That is the essence of hospice care. Our staff at Mercy Hospice Care also adds generous amounts of hugs, smiles and calming touches when patients and their families need them most. When you or a loved one faces a terminal illness, we are here to help.

Since 1994, we have offered our patients physical, emotional and spiritual care during the most trying of times. The goal of hospice is to improve the patient’s quality of life by managing pain and symptoms. We also teach family members how to comfort and care for their loved one and each other.

A team of specially trained, compassionate professionals including doctors, nurses, social workers, chaplains, therapists, dietitians, bereavement counselors and volunteers assess the unique needs of each patient and family. The patient, the patient’s family and loved ones, and the patient’s primary care physician direct his or her own plan of care. The patient’s needs, desires and comfort are central to all aspects of care.

Mercy Hospice Care is unique in that it is the only hospice in south-central Wisconsin directly linked to a health system. This connection gives us the resources and knowledge to be able to provide our patients and their families with expert care. It also allows patients who have used Mercy Health System as their health care provider to continue to use the same trusted continuum of care.

Mercy Hospice Care offers these special services to benefit its patients:

Pet Peace of Mind® — Volunteer pet care services, foster care and potential adoption opportunities for Mercy Hospice Care patients who are unable to care for their pets while on hospice.

Music for the Heart — A unique way to reduce stress, pain and other symptoms by offering CDs, audio recordings and singers or musicians to visit with patients at their home.

We Honor Vets — Mercy Hospice Care holds a special pinning ceremony to honor the military service of each admitted hospice patient that is a veteran. Veteran patients are also honored at the end of their life by draping our country’s flag as they are transported from their home one last time. The flag is then presented to their family in tribute for their services to our country.

Making Memories — This program provides an opportunity for individuals, businesses, staff and volunteers to work together to grant end-of-life wishes for patients. Wishes may include getting an item a patient has always dreamed of obtaining, experiencing something that fulfills a lifelong dream, meeting someone special or a variety of other special wishes.

Reflexology massage — This gentle therapy helps with stress and circulation. Our certified massage therapist/reflexologist uses pressure points in the hands and feet to relieve pain and symptoms.

Mercy Hospice Care offers its services to patients wherever they call home—in their own home, a hospital, an assisted living facility or a nursing home. Inpatient care and respite care are provided as needed at Mercy Hospital and Trauma Center or Mercy Walworth Hospital and Medical Center where the patient is surrounded by specially trained nurses and physicians. We serve most of south-central and eastern Wisconsin.

To learn more about Mercy Hospice Care, call (608) 754-2201 or toll-free (800) 369-2201, or visit MercyHospiceCare.org.

GriefCare Support Group
Mercy Hospice Care invites you to share and receive the support of others facing the challenges of grieving the loss of a loved one. Family, friends and children are welcome to this free support group.

Second Tuesday of every month, 6 pm
Mercy Clinic North
community room
3400 Deerfield Dr., Janesville

Third Tuesday of every month, 6 pm
Mercy Walworth Hospital
and Medical Center
Lower-level conference room A
Hwys. 50 and 67, Lake Geneva

To register, call (608) 756-6100.
When you’re confronted with the difficult issues of an illness, injury or aging, Mercy Home Health Care is here to help you maintain the best health possible in the comfort of your own home. We offer several levels of service:

**Skilled medical assistance** — If you are recovering at home from major surgery or illness, Mercy Home Health Care staff will visit and help with medications, wound care, physical and occupational therapy, and other skilled services.

**Personal care assistance** — Our personal care aides are here to help you with important everyday tasks like bathing, washing your hair and getting dressed.

**Homemaker Companions** — Need help with errands, cooking, small chores, cleaning or other household tasks? Consider our Homemaker Companion Service.

**Telemonitoring service** — Manage your vital health statistics seven days a week in the comfort of your home. Telemonitoring is cost effective, provides early detection of health problems, and offers a sense of security.

**Anodyne therapy** — A non-invasive way to treat pain, poor circulation and muscle spasm caused by a range of factors including acute injuries, chemotherapy, diabetes, vascular disease and more. Anodyne therapy also helps improve balance, function, strength and safety.

**Private home care** — When you need special care to live safely and comfortably at home regardless of your age or disability, consider this self-pay service.

**Journey Program** — Sometimes, despite everyone’s best efforts, a person’s chronic illness will progress and cause severe symptoms. When this happens, our Journey Program staff can help manage symptoms and even offer at-home chemotherapy and pain management treatments. Our nurses are cross-trained in hospice care, so if the person’s condition worsens, they can gently guide the person toward hospice services when appropriate.

**Vitalstim®** — Used to treat swallowing problems such as coughing, choking, and difficulty with chewing. NMES (neuromuscular electrical stimulation) re-educes the throat muscles. This specialized procedure offered by our speech pathologist can be used to treat many medical conditions that lead to swallowing difficulty.
The purpose of Mercy Foundation is to make a difference by creatively connecting your philanthropic goals with opportunities to support healing in the broadest sense in every community Mercy serves. Mercy Foundation’s mission is to inspire positive change and healing through philanthropic giving. Your gifts support community outreach services, certain capital improvements, technological advancements and other programs that are integral to the mission of Mercy Health System.

Through Mercy Foundation, cancer-specific funds honor a Mercy patient and a Mercy partner.

The Chrissy Fund was started by Bill Tischer whose wife Chrissy passed away in April 2011 at Mercy Hospital and Trauma Center due to a rare form of uterine cancer. Bill wanted to find a way to carry on his “wife’s glory” by suggesting a fund in memory of his wife to help other families who go through similar medical experiences. To date, the Chrissy Fund has purchased three sofa sleepers for families to use while their loved ones are in the Mercy Hospital and Trauma Center intensive care unit.

The Holly J. Barten Fund was started by the family of Holly, a longtime Mercy partner who passed away due to cancer. In Holly’s memory, the fund serves as a resource for people living with the effects of cancer. Beneficiaries of the fund can include a Mercy patient, volunteer, partner or family member of a Mercy partner.

In addition, our Grateful Patient donor program offers you a way to show your appreciation for a Mercy caregiver—a doctor, nurse, technician or other Mercy partner—who touched your life. Your gift of gratitude becomes an instrument of healing for others and can be used in any number of ways at your request.

Mercy Foundation has additional funds you may make a gift to including:

- General fund
- Mercy Regional Cancer Center
- Mercy Hospice Care
- House of Mercy Homeless Center
- Autism Support Fund

In the past year, Mercy Foundation funds paid for scholarships for 10 breast cancer survivors to attend Mercy’s Journey to Health exercise program, 12 mammogram appointments and the purchase of iPads for oncology patients to use during chemo treatments.

For information about the Mercy Foundation, or how to donate, please call Jennifer Johns at (608) 755-8821 or donate now by visiting MercyHealthSystem.org/Foundation.
Partnering to help our patients

Mercy works closely with the American Cancer Society (ACS), the Rock County Cancer Coalition and the Wisconsin Well Woman program to train volunteers about the many ACS programs and services. The volunteers then help cancer patients and their families find helpful programs and services that can serve them best.

We also partner in community fundraisers. In 2015, community volunteers and Mercy partners raised more than $41,000 through the ACS Relay for Life. The American Cancer Society uses these funds to reach patients, survivors and caregivers and help them fight back against cancer.

To learn more about ACS services, visit Cancer.org or call (800) 227-2345.

Mercy Women’s Boutique:
Special care for special people

Have you had a lumpectomy or mastectomy, either recently or years ago? The BOC-certified, post-mastectomy fitters at the Mercy Women’s Boutique can enhance your quality of life by helping you find just the right breast forms and bras.

These experienced fitters meet with you privately to assess your needs and suggest appropriate products for a natural appearance and all-day comfort. We carry respected brands such as American Breast Care (ABC), Trulife, Amoena and Jodee.

We also provide:
- Lymphedema sleeves and pumps
- Leisure forms
- Recovery and leisure lingerie
- Swimwear
- Scarves and headwear
- Information about the Mercy Health System Association of Volunteers’ Wigs for Patients program

Our fitters can also refit you with new forms and bras if you have gained or lost weight, or if your current breast form is deteriorating.

The Women’s Boutique is located inside the Mercy Health Mall, 1010 N. Washington St., Janesville. To schedule a free assessment and fitting appointment, please call (608) 755-7989.
Raising cancer awareness in our community

Mercy Regional Cancer Center partners and their friends and family volunteered to hand out breast health education materials and sell raffle tickets at the popular Paint the Rink Pink event at the Janesville Ice Arena. Mercy joined the Janesville Jets hockey team to raise awareness for breast cancer in October. Stands were packed with fans wearing pink. Funds raised through the 50/50 raffle, the tip jar at the bar, and the players’ jersey auction benefited patient programs at the Mercy Regional Cancer Center.

Texas Roadhouse in Janesville hosted a fundraising night for Mercy Regional Cancer Center. $590 was raised in Mercy’s bucket raffle and $350 was raised by Texas Roadhouse. Many came out to enjoy a meal while supporting a great cause. Pictured are Mercy partners (left-right) Deb McGowan, Bonnie Eichstedt and Sandra Mascari-Devitt.

In Rock County
Left to right: Family medicine physician, Jane Anderson, MD, radiation oncologist, Kevin Kozak, MD, medical oncologist/hematologist, Shahid Shekhani, MD, medical oncologist/hematologist, Mohammad Khan, MD, FACP, and medical oncology physician assistant, Amanda Johnson, MSM, PA-C, (seated) offered free community cancer screenings at Mercy Clinic North in Janesville. Thirty-seven individuals took advantage of these free screenings.

The following cancer screenings were performed
Breast: 11 patients; 7 screening mammograms were scheduled
Prostate: 5 patients
Skin: 13 patients; several were referred to a Mercy dermatologist
Oral: 8 patients

In Walworth County
June 23
Mercy Elkhorn Medical Center skin cancer screenings
Of the 54 patients screened, three patients were referred to a Mercy dermatologist.

October 22
Mercy Walworth Hospital and Medical Center skin cancer screenings
Twenty patients were screened for skin cancer by dermatology physician assistant, Kevin Burns, PA-C.

October 26
Mercy Walworth Hospital and Medical Center
Screenings were offered for breast cancer, prostate cancer, skin cancer and oral cancer.
Support services

**Acupuncture**
Mercy Complementary Medicine Center, Janesville
(608) 741-6799

**Aesthetician services**
Learn ways to improve your skin texture and tone, and minimize the visible side effects of treatment through expert makeup application.
Mercy Regional Plastic Surgery, Skin and Laser Center, Janesville
(800) 236-6868 • (608) 756-6300

**American Cancer Society**
(800) 227-2345

**Breast care:**

**Breast cancer support group**
(608) 756-6011

**Breast health navigator**
For help guiding you through the stages related to breast health and breast cancer, from assistance with education, diagnostic testing and treatment, to finding resources and support.
(608) 756-6011

**Mercy Regional Breast Center, Janesville**
Digital mammography, biopsy, ultrasound, MRI and more
(608) 741-6999

**Mercy Women’s Boutique, Janesville**
Post-mastectomy items: prostheses, undergarments, swimwear and more
(608) 755-7989 • (800) 279-5810

**Clinical trials**
*Offering Phase II and Phase III trials for a variety of diagnoses.*
Mercy Regional Cancer Center, Janesville
(608) 756-6871 • (800) 928-1103

**Exercise programs**
Mercy Cardiac Fitness Center’s Journey to Health program, Janesville
Scholarships available
(608) 755-6500

**Financial counseling and assistance**
For help with unexpected costs and lack of insurance, and referrals to community resources.
(608) 756-6500

**Hematology**
Mercy Regional Cancer Center, Janesville
(608) 756-6588 • (888) 816-3729
Mercy Walworth Hospital and Medical Center, Lake Geneva
(262) 245-0535 • (877) 893-5503

**Home health care**
Mercy Home Health Care
(608) 754-2201 • (800) 369-2201

**Home medical equipment**
Mercy Home Medical Equipment and Supplies, Janesville and Harvard
(800) 279-5810 • (608) 755-7989

**Hospice care**
Mercy Hospice Care
(608) 754-2201 • (800) 369-2201

**Information and health libraries**
Two ways to learn more about your condition:
MercyHealthSystem.org
Cancer Resource Center inside the Mercy Michael Berry Clinic, Janesville

**Cancer rehabilitation therapy**
*Physical therapists help you beat the effects of cancer.*
Mercy Sports Medicine and Rehabilitation Center, Janesville
(608) 755-7880

**Cancer Resource Center**
Located in the Mercy Michael Berry Clinic, it offers a wealth of resources for patients and families.

**Cancer registry**
Lifetime follow-up for all patients treated at Mercy. Please let us know when you move or change phone numbers.
Mercy Cancer Registry
(608) 756-6139

**Cancer-related genetic testing, Janesville**
Testing for hereditary cancer syndromes.
Mercy Regional Cancer Center
(608) 756-6588 • (888) 816-3729

**Case managers**
Mercy Regional Cancer Center, Janesville
(608) 756-6824

**Chemotherapy (medical oncology)**
Mercy Regional Cancer Center, Janesville
(608) 756-6588 • (888) 816-3729
Mercy Walworth Hospital and Medical Center, Lake Geneva
(262) 245-0535 • (877) 893-5503

**Clinical health and rehabilitation psychology**
Empowering cancer patients to achieve optimum quality of life.
Mercy Clinic South, Janesville
(608) 755-7960
Mercy Sports Medicine and Rehabilitation Center, Janesville
(608) 755-7880
Mercy Walworth Hospital and Medical Center, Lake Geneva
(262) 245-0535 • (877) 893-5503

**Exercise program**
Mercy Cardiac Fitness Center’s Journey to Health program, Janesville
Scholarships available
(608) 755-6500

**Financial counseling and assistance**
For help with unexpected costs and lack of insurance, and referrals to community resources.
(608) 756-6500

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(800) 279-5810 • (608) 755-7989

**Hospice care**
Mercy Hospice Care
(608) 754-2201 • (800) 369-2201

**Information and health libraries**
Two ways to learn more about your condition:
MercyHealthSystem.org
Cancer Resource Center inside the Mercy Michael Berry Clinic, Janesville

**Support services**

**Aesthetician services**
Learn ways to improve your skin texture and tone, and minimize the visible side effects of treatment through expert makeup application.
Mercy Regional Plastic Surgery, Skin and Laser Center, Janesville
(800) 236-6868 • (608) 756-6300

**American Cancer Society**
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**Breast cancer support group**
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**Breast health navigator**
For help guiding you through the stages related to breast health and breast cancer, from assistance with education, diagnostic testing and treatment, to finding resources and support.
(608) 756-6011

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Digital mammography, biopsy, ultrasound, MRI and more
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Mercy Home Medical Equipment and Supplies, Janesville and Harvard
(800) 279-5810 • (608) 755-7989

**Hospice care**
Mercy Hospice Care
(608) 754-2201 • (800) 369-2201

**Information and health libraries**
Two ways to learn more about your condition:
MercyHealthSystem.org
Cancer Resource Center inside the Mercy Michael Berry Clinic, Janesville
Lifeline® home emergency response system
Helps you feel safer when you’re home alone.
In Janesville and Harvard
(608) 756-6784

Lymphedema treatment
Mercy Sports Medicine and Rehabilitation Center, Janesville
(608) 755-7880

Massage therapy
Mercy Complementary Medicine Center, Janesville
(608) 741-6799

Meals On Wheels
Delivered fresh daily
In Janesville and Harvard
(608) 756-6784

Mental health and addictions treatment
For help with healing from depression, anxiety and other emotional concerns.
Mercy Options Behavioral Health Services
(800) 341-1450

Mercy MyChart
Secure, online medical record helps you keep track of your test results, appointments, medicines and more. Request access to your account at your next doctor’s visit or via MyChart.MercyHealthSystem.org.

Mohs surgery for skin cancer
Mercy Walworth Hospital and Medical Center, Lake Geneva
(262) 245-0535 • (877) 893-5503

Nutrition services/dietitian
(608) 756-6588 • (888) 816-3729

Pain management
Mercy Pain Center – Harvard
(815) 943-8090
Mercy Pain Center – Janesville
(608) 756-6049
Mercy Pain Center – Lake Geneva
(262) 245-0535

Palliative care
Mercy Hospital and Trauma Center (inpatient), Janesville
(608) 756-6000
Mercy Outpatient Palliative Care Clinic, Janesville
(608) 741-2430

Pastoral care
Mercy Hospital and Trauma Center, Janesville
(608) 756-6000

Plastic/reconstructive surgery
Offering scar revisions, breast reconstruction and other advanced medical procedures.
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